

The following policy, including procedures and protocols, applies to all Kuna School District students and student athletes (from hereon refer to as athletes), while they are involved in a school district sanctioned class, activity, or sport.

Concussion and Head Injury Guidelines and Requirements: The Kuna School District (KSD) coaches will take and pass the state concussion test that is offered by the IHSAA. The Kuna School District Administration will provide access to appropriate guidelines and information that identify the signs and symptoms of a concussion and a head injury and describe the nature and risk of concussion and describe the nature and risk of concussion and head injury in accordance with standards of the Center for Disease Control and Prevention through a link on the school district website and the Idaho High School Activities Association.

Parents Information: At the beginning of each sport's season, and before a KSD athlete participates in any organized practice or game, the athlete and the athlete's parent(s) or Guardian(s) shall receive a copy of the "KDS Guidelines for Concussions and Head Injuries". A parent or guardian will sign an information form acknowledging they received and understand the KSD Policy. The parent or guardian of every athlete must sign this form for their child to be eligible to participate in athletics in the KSD.

Concussion: Any athlete, who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional. No athlete shall return to play or practice on the same day as a concussion. As well, any athlete, suspected of having a concussion should be evaluated by an appropriate healthcare professional that day. Any athlete with a concussion should be medically cleared by and appropriate healthcare professional prior to resuming participation in any class, practice or competition. After medical clearance, the athlete's return to play shall follow a step-wise protocol with provisions for delayed return to play based upon the return of any signs or symptoms.

Return to Play Protocol: The return to activity exercise protocol will be followed with every concussed athlete.

All athletes must be cleared to resume full and unrestricted game play by a physician. For KSD athletes medical decisions will involve the family physician, and the KHS certified athletic trainer. These medical professionals must be qualified to interpret the ImPACT test results if impact testing is necessary as a result of a concussion injury.

Releases from a chiropractor will not be accepted.

Note: If Athlete's symptoms remain severe and get progressively worse it is recommended they are taken to the closest Emergency Room and are immediately evaluated by a physician that same day of the sustained injury.



LEGAL REFERENCE:

Idaho Code Sections 33-1625(3)

ADOPTED: August 14, 2012

AMENDED: